

CQC Mandatory Training – Courses available from focus

Course	Duration
Clinical Moving and Handling	1 day
Emergency First Aid	1 day
Food Hygiene (if serving or preparing food)	1 day
Health and Safety in the Care Home	1 day
Safeguarding Adults Foundation	2.5 hours
MCA Basic Awareness	Half day
Equality & Diversity	Half day

Quality Scheme Mandatory Training – Courses available from focus

Basic Understanding of Dementia	Full Day
Dignity in Care	Half day
MCA Managers	Half day
Palliative/EOL Care	Full day
Person Centred Planning	Full day
Safeguarding for Managers	Full day
Providing Meaningful Activities	Full day
Reminiscence	Full day

Refresher Training

Course	Refresher required
Health & Safety in the Care Home	Refresher recommended every 3 years
Basic Food Hygiene	Refresher recommended every 5 years
Clinical Moving & Handling	Refresher required every 3 years
Emergency First Aid	Refresher required every 3 years
Safeguarding Adults Foundation	Refresher recommended every 3 years (e-learning)

Please note:-

CQC may require you to refresh on a more frequent basis. It is also recommended that in between the recommended refresher times, staff can be refreshed via a variety of methods. E.g. Team meetings, Supervision, DVD's, quizzes.

For Safeguarding Adults we have our Safeguarding Adults Self-Assessment Tool which is recommended to aid professionals to test their individual understanding after the Safeguarding Adults Foundation training or as an in house refresher or induction tool.

Evidence will be required for CQC and the contracting team that this has taken place